





Week 4 Review

- ❖ Regional wines can be good matches for regional cuisines
- ❖ Regionality alone is no guarantee of an excellent match
- ❖ Stronger flavoured proteins like beef and lamb can support more intensely flavored wine matches



Week 4 Review

- ❖ Stronger wines should be served at warmer temperatures, lighter wines at cooler temperatures
- ❖ Very cold and very warm should be avoided



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Readings

Alder Yarrow's 3 Lies

- ❖ Lie #1: For any given food/dish there is a "perfect," "ideal" or "correct" wine pairing
- ❖ Lie #2: There are a ton of mistakes and pitfalls out there -- lots of wines just "don't go" with certain foods and vice versa
- ❖ Lie #3: Because of #1 and #2, food and wine pairing is an art



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Week 5 Cheese and Dessert

❖ Any wine with any cheese?

- Probably not...
- Good matches will consider;
 - Components
 - Texture
 - Flavour



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Week 5 Cheese and Dessert

❖ 6 Families of cheese

- Fresh and Soft
- Semi-soft
- Surface Ripened
- Firm
- Blue or veiny
- Hard



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Week 5 Cheese and Dessert

❖ Wine must be sweeter than dessert!



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Week 5 Cheese and Dessert

❖ Dessert Wine Groups

- Frozen Grapes
- Dried Grapes
- Late Harvest
- Fortified



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Week 5 Cheese and Dessert





❖Custards

- Ice Cream
- Crème Brulee
- Panna Cotta
- Cheesecake
- Sabayon







Week 5 Cheese and Dessert



❖Chocolate

- Dark
- Milk
- White



Week 5 Cheese and Dessert

❖ Fruit based

- Fruit Salad
- Fruit Crumble
- Clafouti
- Crepes Suzette



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Week 5 Cheese and Dessert

❖ Nut Based

- Just nuts
- Nut-based
- Caramel and toffee
- Coffee / Mocha



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Week 5 Cheese and Dessert

❖ Baked Goods

- Cakes
- Cookies
- Pastries
- Dessert Breads



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A collage of images related to wine and food. It includes a bottle of Chianti Montalbano wine, two glasses of red wine, a bunch of grapes, a person drinking wine, a waffle with ice cream, and a small cake with raspberries. The Algonquin College logo is also present in the top right of the collage.

Thank You!

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